

dcm

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Event

Member Webinar

Public Speaking |
Stand Up & Speak Out





Michelle Saurin

Associate Learning
Consultant

About Me

- 25+ years' global experience across multiple sectors
- Specialised in Talent Management
- Focused on developing leaders of all levels

Stand Up & Speak Out

- Overcoming Fear & Building Confidence
- Mastering Delivery Skills
- Audience Engagement & Interaction
- Handling Nerves
- Practicing & Feedback

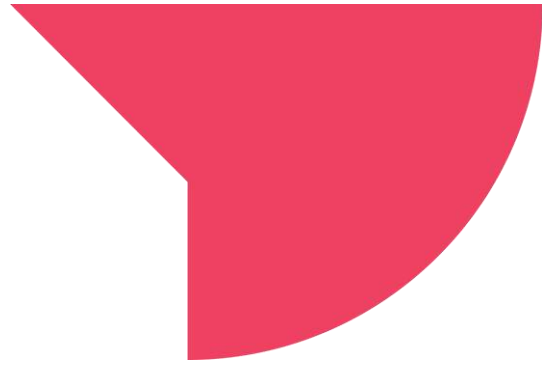




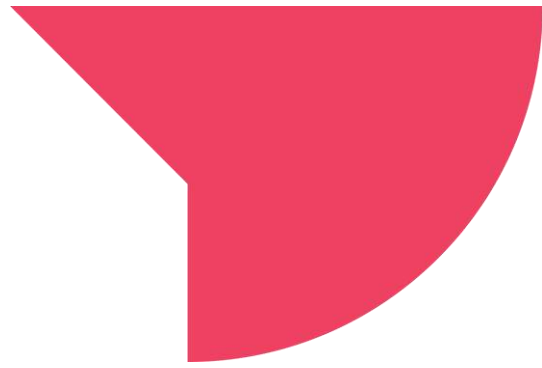
“After death, most people fear public speaking more than anything else in life”

車 取





Audience



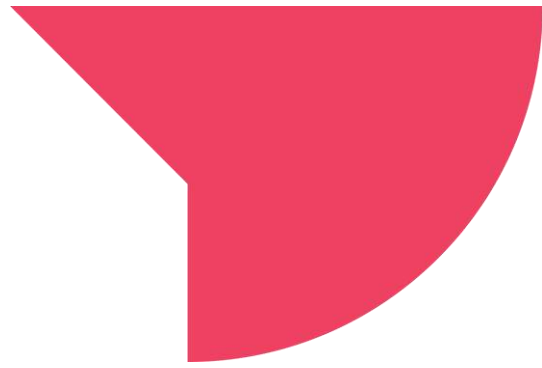
Build

“

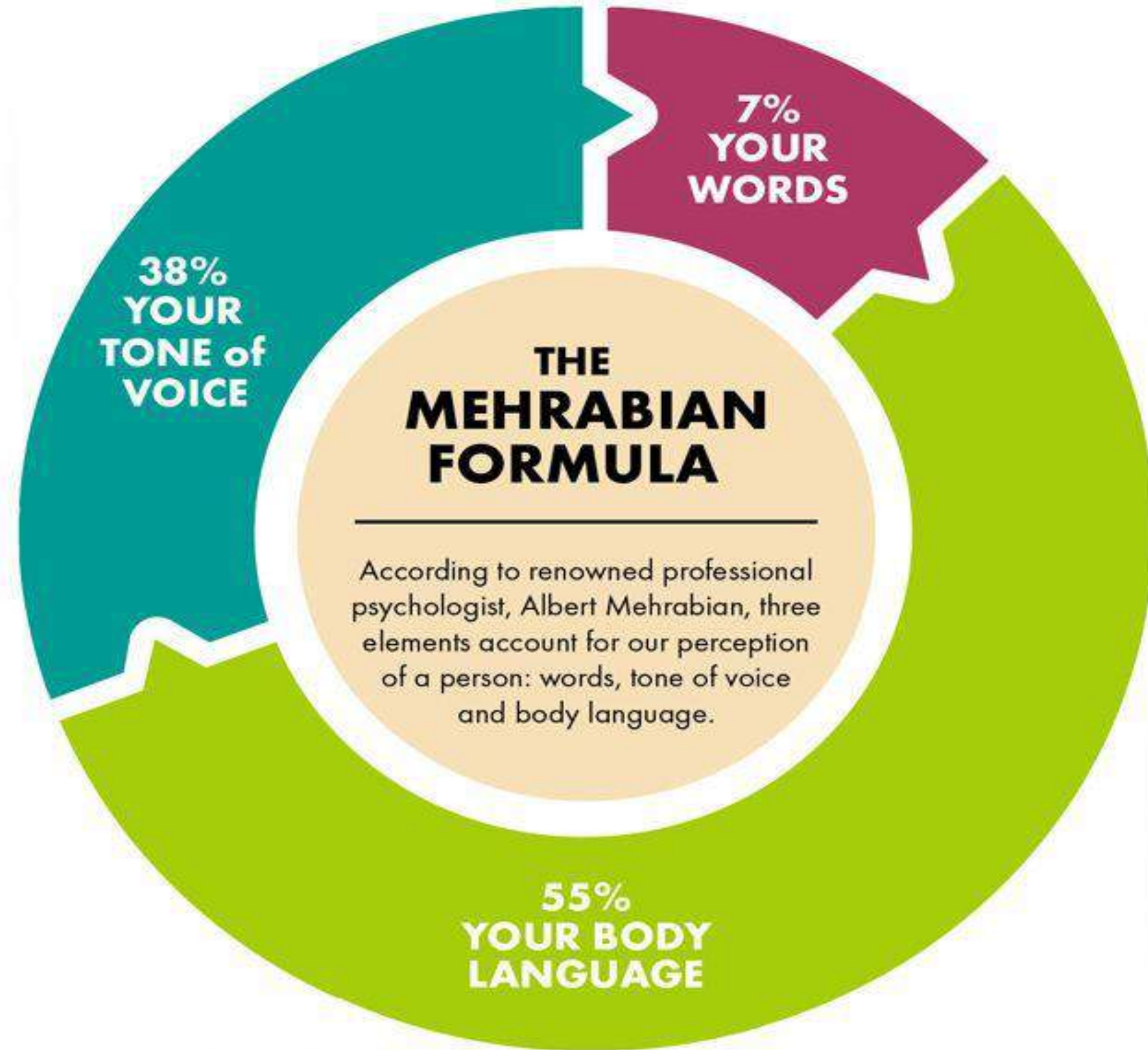
Tell the audience what
you're going to say, say it;
then tell them what you've
said.

—
DALE CARNEGIE

Structure



Viral





Body Language



Tone of Voice



Words

Engage Your Audience

01

Interactive

02

Involve Them

03

Q & A



Nerves

**Practice is the price of mastery.
Whatever you practice over and
over again becomes a new habit
of thought and performance.**

Brian Tracy



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QUESTIONS & ANSWERS?

Ask Away.

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